

Walking

There's no better way to explore than on foot. Numerous, well-marked footpaths and bridleways start, finish and pass through Bude ensuring you never need to walk the same path twice during your stay.



South West Coast Path

The Coast Path takes you south to Crackington Haven, and further on to Boscastle, Tintagel and Port Isaac. A 10 mile (16km) walk to Crackington Haven has an easy start at Bude Canal and takes you past the **"Tower of the Winds"** where on a clear day you can see inland Devon and Dartmoor Tors. Pass Widemouth Bay and the walk gets tough; down to the deserted cove of Millook where the cliff strata is unmissable, through Butterfly Valley and past the stunted ancient Oak's at Dizzard.

A cream tea or pint of Cornish Ale will certainly be needed when you reach Crackington Haven. Continue for 6.7 miles (11 km) into Boscastle or catch the regular bus back to Bude!

Head north to Morwenstow, and perhaps onto Hartland Quay (15 miles / 24km). With relentless ascents and descents, this is possibly the hardest stretch of the South West Coast Path. Here, the sandy beaches become rugged and the path



gets steeper. Past Sandymouth and Duckpool and Coombe Valley is a welcome rest spot, where in July the Glow Worms are a fascinating sight.

Head towards the large Satellite Dishes (the secretive GCHQ base and WWI airbase), and finish the coastal walk at Hawkers Hut, the National Trust's smallest property where you head inland to the famous pub, The Bush Inn, and Rectory Tearooms.

Puffins, basking sharks, sunfish, grey seals, red admirals, pearl-bordered fritillaries, ringlets and meadow browns are amongst the wildlife you may see.

Circular Walks, Village and Town Trails

There are many circular walks in the area covering the coast path, town and villages of various lengths and difficulty. Please go to reception to obtain handouts on circular walks, village and town trails.

Walking the Bude Canal

Starting at the Sea Lock gates, adjacent to Summerlease Beach, the Bude Canal travels over two miles inland. Follow the flat, level under-foot towpath past the Canal interpretation centre and nature reserve, several locks and inclined plains. The Canal terminates at Helebridge near Marham Church. From here, return to Bude, but for different scenery, follow the cycle path through the nature reserve and along the river Neet back to the Tourist Information Centre.

Extend the walk from 90 minutes to 2 ½ hours, and stop off at the **'The Weir'** for a delicious cream tea. Walk all the way to the end of the canal path to The Weir, and from The Weir, join the coast path for a fairly easy coastal walk, past Compass Point, down Breakwater Road and back to the Tourist Information Centre. Or simply return along the canal – this will be quicker and great for children on bikes or buggies.

Walking from Wooda



There are many walks around Wooda and in the immediate surrounding area, all of various levels of difficulty.

The public footpaths are well maintained and signed, however believe it or not, there is no off road route into the Bude itself which is truly bizarre when you look out and see all the green fields!! Bude is walkable from Wooda and will take you approximately 30 – 35 minutes, and the roads are all paved from the bottom of the village of Poughill. There is a 20mph speed restriction through the village so it is safe to walk with children and pushchairs.

Be prepared for the slight climb on the way back – although the Preston Gate Inn in Poughill makes a good resting point!

To walk into Bude from Wooda;

Out of the main entrance and turn left

Turn right at the crossroads

Follow the road through the village of Poughill, and keep walking. This will take you into the Town Centre.

To reach Crooklets Beach, turn right at Ocean View Road (at the bottom of the long hill the otherside of Poughill).

The walk to Northcott is a very gentle stroll and again is suitable for children and pushchairs.

The roads are narrow country lanes so take care and stay aware of traffic at all times. It takes approximately 45 minutes to walk to Northcott and from there, you are able to pick up the cliff path back to Bude and walk back up to Wooda creating a circular walk. In the summer months, cream teas are served from the novel Caravan in the gardens at Northcott Mouth.

To Walk to Northcott from Wooda;

Out of the main entrance and turn left

Turn right at the crossroads

Follow the road into the village

Just past the church, take the right turn

Walk for approximately 3 miles continuing straight along the lanes

On reaching a junction at the bottom where you are able to turn left, continue straight on and you will reach Northcott Mouth Beach.

Take the cliff path back to the left to reach Crooklets

From Crooklets, follow Ocean View Road back up towards Poughill, up through the village and back to Wooda.

An alternative route would be to turn right out of the main entrance and walk up the hill, turning left at Mount Pleasant (MPC Customs) and follow the public footpath. This brings you out on the road towards Northcott Mouth. When you reach the hamlet, take a right, and you will be walking towards the beach.



We do also have our woodland walk and farm trail here on-site, details of which can be found in the activities section.

Don't forget you are able to catch the bus too. The main bus stop in town is next to TSB Bank at the entrance to Summerleaze car park – there are a couple buses a day that take you back to Wooda if you don't fancy the hike up the hill! Alternatively you are able to catch the bus into Bude from the entrance of the park. **Please pop into reception to pick up a current timetable.**